

RE: YOUTH SERVICES REPORT 82-05-01 to 82-08-31

ITEM 3
MANAGER'S REPORT NO. 52
COUNCIL MEETING 1982 09 27

MUNICIPAL MANAGER'S RECOMMENDATION:

1. *THAT the recommendation of the O.i/c Burnaby Detachment, RCMP be adopted.*

* * * * *

TO: MUNICIPAL MANAGER

FROM: O. I/C BURNABY DET. R.C.M.P.

SUBJECT: YOUTH SERVICES REPORT 82-05-01 to 82-08-31

RECOMMENDATION:

THAT the following unedited report be accepted for information purposes.

COMMENTS: In the previous report reference was made to utilizing services of a psychologist subject to funding. This proposed referral source is explained in greater detail in this report. With regard to funds, we have been able to readjust the Budget to provide for limited funding during 1982 for this purpose, without increasing the overall budget figures. Once the Supervisor has actually utilized this proposed service, she will be in a better position to analyze its value. The proposed 1983 cost figure of \$3,720.00 cannot be accepted because of spending restraints and will be reviewed when the Budget is prepared.

(N.L. Fuchs) Supt.

O. i/c Burnaby Detachment

TO: Supt. N. L. Fuchs
O i/c Burnaby Detachment R.C.M.P.

FROM: Cathy Bellamy
Supervisor - Youth Services

SUBJECT: BURNABY YOUTH SERVICES TRIANNUAL REPORT
1982 May 01 - 1982 August 31

PROGRAM ACTIVITY:

The Youth Service program moved its offices to the R.C.M.P. building on 1982 May 10, with appreciable results for police and counsellor liaison. We utilized the opportunity provided by the R.C.M.P.'s open house ceremony on 1982 June 18 to promote our new location and the services we provide to the public.

Further to this, Youth Services continues to direct effort towards increasing the Youth Service profile with other community agencies and services. On-going liaison with the community schools, for example, has branched further to counsellor participation in experimental groups like the Stride Avenue School Youth Team. We maintain an active presence with all inter-agency groups existing to our knowledge, and attempt to ensure that accurate information regarding this service is presented to these groups.

Since the Youth Service mandate and expertise should focus on juvenile crime prevention, we hope to keep our presence and knowledge up to date by maintaining active liaison with other Correctional facilities and personnel. The Youth Worker and myself have met with some Family Court personnel, including Judge Burns, and each of us has spent a morning in Juvenile Court for observation purposes. I have made arrangements with the Justice Institute of B.C. to ensure usage of their many valuable resources.

I attended a seminar in Penticton during the month of June, aimed at training professionals to develop and implement parenting programs in their communities. The material presented originated with a Primary Project sponsored by the Canadian Mental Health Association - Ontario division. The seminar, staged in three parts, requires participants to implement a parenting program in their community before meeting for the third stage, which provides follow-up accountability for the project. I am presently developing a nine-week course to this end, to be offered in the fall of this year.

The research division of the Attorney-General's department invited our response to the development of their Youth Services Working Manual and to the draft copy of the evaluation completed for the Youth Services program in Burnaby. Written responses for both projects have been submitted and the latter will be included in the final copy of the evaluation. I understand that the completed evaluation has been sent to the printers and will be available shortly.

82-09-16
File BBY 1510-9-6

PROGRAM DIRECTION AND CONCERNS:

Burnaby Youth Services will offer a nine-week parenting course in the fall of 1982. The primary goal is one of parent education and support with the underlying premises supporting the contention that parent education is a truly preventative measure against juvenile crime.

I have submitted a proposed date and agenda to Supt. Fuchs for the anticipated Youth Services Developmental Review suggested by the Justice Council/Family Court Committee. The proposal has been forwarded to the Secretary, Mr. Bob Seath. This would take place on 1982 October 06, should the proposed date be acceptable to all parties, and would provide a forum for Youth Services to present the program's progress and activities over the past year, and to solicit ideas for future direction.

There has been a revision in the Youth Services accountability procedure. Although Youth Services has been under the direction of the Officer in/charge of Operations, Inspector D.S. Mortimer since 1980 October 01, it has been understood that the program has been under the direct supervision of the NCO in/charge of the Crime Prevention Unit. The fact of (1) our liaison being primarily with Operational staff, (2) our close proximity to the General Duty Offices and Inspector Mortimer's office and (3) the importance of direct and accurate communication flow, made it expedient to formalize Youth Services supervision directly to Inspector Mortimer.

Youth Services will be extending its follow-up procedure for active and future referrals. To date, it has included a 3-month police recidivism check and a 3-month telephone contact, both performed by our office support person. Effective 1982 August 25, the counsellors will be responsible for conducting a 3-month telephone contact whose primary purpose will be clinical follow-up of service provision with an option to re-intervene as required. The office support staff will extend police recidivism checks on our clients to 6 month and 12 month intervals.

I remain convinced that Burnaby Youth Services should continue to strive towards the upgrading of its professional image, and the provision of quality service; the attached proposal for a sessional consultant, as suggested in my last report, is one development I hope this program can implement.

REFERRAL ACTIVITY:

There has been a decrease in referrals since the last tri-annual report, likely attributable to school closures, a shut-down in many community agency functions due to summer vacations, family vacations and summer recreation activities. Further to this, there is some indication that the number of calls the police have received during the summer months, has lessened and this is substantially reflected in fewer referrals to Youth Services.

More age-appropriate referrals are again reflected during the report period, with a significant increase in youth aged 5 - 7 years of age and a healthy decrease in referrals for youth aged 15 - 16 years of age.

I would anticipate an increase in referral activity with the onset of fall.

Respectfully Submitted



CATHY BELLAMY
Supervisor
Burnaby Youth Services

CB/ck

Attachment: Triannual Comparative Referral Stats for 1982 May/June/July/August

cc: Inspector D. S. Mortimer, O i/c Operations
Sgt. E. Ledwon, NCO i/c CPU

BURNABY YOUTH SERVICES

TRI ANNUAL COMPARATIVE REFERRAL STATISTICS - MAY/JUNE/JULY/AUGUST 1982

	1982	1981,
TOTAL REFERRALS	79	118
MALE	49	85
FEMALE	23	31
FAMILY	7	2
5 - 7 yrs.	16	1
8 - 10	12	18
11 - 12	13	24
13 - 14	33	38
15 - 16	12	27
17 +	0	4
Unknown	-	6

ITEM 3
MANAGER'S REPORT NO. 52
COUNCIL MEETING 1982 09 27

REFERRAL SOURCE:

BURNABY R.C.M.P.	63	103
PARENTAL/SELF	7	8
BURNABY SCHOOL BOARD	5	-
BURNABY HEALTH DEPARTMENT LIFELINE PURPOSE	0	-
MINISTRY OF HUMAN RESOURCES	1	-
CITIZEN	1	5
PROBATION	1	4
BIG BROTHERS	-	1
	-	1

REASON FOR REFERRAL:

VANDALISM - WILFUL DAMAGE	9	4
DRUGS - ALCOHOL	1	11
SHOPLIFTING	9	17
THEFT/UNDER \$200	20	15
B&E	11	11
MAJOR OFFENCE	13	11
AGGRESSIVE BEHAVIOR	4	14
NON-AGGRESSIVE BEHAVIOR	4	5
SCHOOL PROBLEMS	2	-
FAMILY-RELATED PROBLEMS	5	14
RUNAWAY	8	11
INFORMATION/ADVICE	0	2
OTHER	0	3

DESCRIPTION OF SERVICE:

SHORT-TERM FAMILY/YOUTH COUNSELLING	5	11
BRIEF COUNSELLING	39	23
CONSULTATION	13	27
CO-OPERATIVE SERVICES	0	7
REFERRED TO OTHER AGENCY	1	39
INAPPROPRIATE REFERRAL	22	23
SERVICES REFUSED BY CLIENT	0	3

105

To date description unknown (still active) 30

RE: SESSIONAL CONSULTANT

106

Clinical expertise and professional case consultation are essential components of a quality counselling program. For those smaller programs whose resources limit staffing, a clinical consultant to counselling staff, on a sessional basis, can serve this need. An experienced clinician can provide two important elements to this program:

- 1) Immediate service to youth and families requiring clinical and/or psychometric assessment. Resources such as the Burnaby Mental Health Children's Team have long waiting lists, include a long drawn out intake procedure and may unnecessarily disrupt our service provision, thus defeating the effectiveness of one of our program's most valuable assets, that being provision of immediate and fast intervention to families referred to our program.
- 2) Clinical expertise and consultation to the counsellors for those more difficult families referred. While Youth Services refer many chronically multi-problemed families to other more appropriate resources, we also see some "borderline" families who, while experiencing severe difficulties, may still be helped through short-term intervention. The aid of an expert clinician in our decision to accept or reject cases, and develop subsequent strategy interventions should we maintain them on our caseload, will ensure better service to those families as well as help regulate our most effective usage of this service.

CASE EXAMPLES

1) Referred:

Male Youth
11 years of age

Referring Incident:

Shop-lifting

Assessment Interview:

- a) This was the second major incident in a period of three months - the first offense being a major Break & Enter with Theft over \$200. This behavior appeared in isolation of other "acting out" behaviors and there was no indication to believe the youth was coerced into these activities.
- b) The family environment appeared to be reasonably stable. This was a two-parent, middle-class family where the father held a good job and the mother was a housewife. The youth was the oldest of three other female children in the family. There were no indicators of alcohol abuse or physical abuse in the family. The parents reported a stable marital relationship and exhibited consistency in child-rearing attitudes. There appeared to be a high level of family structure, involvement and activity. Parents may have benefited from some parent education on sibling rivalry and familial division of responsibility.
- c) The youth exhibited some sense of conscience and awareness of right from wrong. Although there did not appear to be indications of significantly low self-esteem, the youth was identified as a low achiever in school. The youth was unable to identify problem areas in relation to referring incident.

ITEM 3
MANAGER'S REPORT NO. 52
COUNCIL MEETING 1982 09 27

- 2 -

Consultant Usage:

Both illegal offenses are of an unusual nature for a youth of this age who has no history of developing anti-social behavior. They appear "out of the blue" so to speak, at least as far as can be discerned in the assessment procedure. The one clue may rest in this youth's school performance and I would have liked immediate psychometric testing on this youth in conjunction with a clinical judgement.

2) Referred:

Male Youth
12 years of age

Referring Incident:

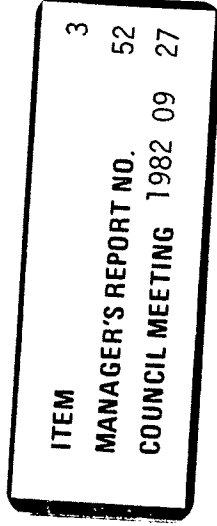
Parents self-referred with concerns about their son's stealing and lying - reported as "new" behavior.

Assessment Interview:

- a) The family environment has had several "stress points" for this youth. The product of an inter-racial liaison, the parents did not marry and the youth was raised by his maternal grandmother. The grandmother died 2½ years ago and this youth went to live with his father, a musician who is away from home frequently in the evenings. The mother takes care of her son when the father is out of town and maintains peripheral and inconsistent contact. The parents do not necessarily agree on aspects of child-rearing but both parents agreed that this youth has not been a problem, although there is some hesitancy to this assessment.
- b) The youth exhibited a high degree of verbal skill and insight (at least superficially) and it was difficult to get a handle on any major problem areas. I agreed to see the youth, at his request, for widely-spaced sessions; not so much on a therapeutic basis but as a means of maintaining communication and providing a positive adult contact.
- c) The youth was re-referred to us with R.C.M.P. involvement for an incident that appears to be indicating this youth has conjured up an elaborate network of fabrications. Review of his history, initial presenting problem and present circumstances leads me to suspect consciousness characteristics and consequently, a pathological problem.

Consultant Usage:

Clinical assessment as to possible "psychopathological" characteristics in this youth's personality.



3) Referred:

Female Youth
14 years of age

Referring Incident:

Run-away

Assessment Interview:

- a) This multi-problem family indicated strong motivation for counselling help and a firm agreement in their conviction that their daughter should live at home.
- b) Severe stress areas in the past included the mother under-going major heart surgery and leading to implantation of pace-maker, the youngest daughter suffering major hearing impairment, the father under-going severe depression and the temporary separation of the parents.
- c) Assessment interview indicated that although there was a fair level of abuse and dysfunction in the family, there had not been a multiple social services intervention; the family was a good candidate for immediate intervention due to the presenting crisis (run-away daughter, a first attempt).

Consultant Usage:

Consultation to decide whether to and how best to, intervene with this family. Should a decision be reached in favor of working with the family, it would be helpful to have access to on-going consultation, enabling us to monitor the most effective strategies and also to monitor whether the family is maintaining adequate progress in order to continue our service.

PROPOSAL

- 1) The standard sessional fee (that is, the rate government agencies like the Ministry of Human Resources pay for this service) is \$155.00 for 3½ hours on a half day. I would propose that the minimum coverage required to allow, on a monthly basis, at least one psychometric and/or clinical assessment as well as general case consultation, would be two sessions per month. This would require a consultation budget of:

\$ 155	(amount per session or half day)
x 2	(# of sessions per month)
<u>\$ 310</u>	
x 12	(months)
<u>\$3720</u>	(total yearly budget)

- 2) Since clinical consultation is only as good as the consultant utilized, I propose Dr. Olive Johnson. Dr. Johnson, along with her Doctorate in Clinical Psychology and extensive experience in clinical work has, in her earlier years, taught school at a junior high level and successfully raised five children of her own.