

1. Re: Medical Health Monthly Report

Following for your information is the report of the Medical Health Officer covering the activities of his Department for the month of August 1973.

MONTHLY REPORT

M. J. Shelley
Municipal Manager

Dear Sir:

I have the pleasure of submitting a report for this Department for the month of August 1973.

During the recent Summer Games members of the Health Department staff volunteered their services in various capacities. The service was voluntary and given on their own time and was primarily to assist in any emergency situations and general health services.

During the month a pilot project was held for senior citizens under the auspices of the Burnaby Parks and Recreation Department. The project held at Edmonds House with a group of 80 senior citizens for ten morning sessions. Dr. Moshefeldenkrais from Tel Aviv, Israel was the leader and the group participated under his instruction in a series of gentle body movements designed to give them greater mobility and general feeling of well being. Miss Mary Ross of the Burnaby Health Department staff was one of three evaluators appointed by the Deputy Minister of Health, Dr. George Elliott, to evaluate this program.

Miss Lynda Thornton was on leave of absence during the summer to attend a course on retardation in England and Sweden. This was the field work following a night school course at the University of British Columbia. Miss G. McIntyre was on leave of absence during the summer for a six week Family Life Program at the Lakehead University, Thunderbay, Ontario, dealing with all aspects of family living and sex education. These nurses will be sharing the information from these courses with the staff during the year.

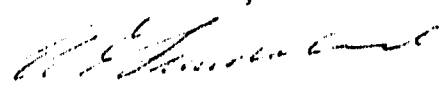
Mrs. W. Randi has been granted a one-year leave of absence for maternity leave.

Three new nurses were appointed this month to replace three former staff members, Mrs. M. Barnes, Miss C. Wright, and Mrs. C. Whitman all of whom have their B. S. N. from the University of British Columbia.

The Public Health Inspectors attended lectures regarding Swimming Pool Regulations and Garbage Collections given by Mr. B. Williams and Mr. G. Mullis.

The incidence of communicable diseases remains at the usual summer low with 23 cases reported. Of these there were 11 gonorrhoea, 8 infectious hepatitis, 2 pertussis, 1 salmonellosis and 1 mumps.

Respectfully submitted,


W. P. Sunderland, M. D., D.P.H.
MEDICAL HEALTH OFFICER

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BIRTHS AND DEATHS

Births	125	Infant Deaths	-
Total Deaths	90	Still Births	3
Neonatal Deaths (First 30 days)	1		

<u>COMMUNICABLE DISEASES</u>	<u>THIS MONTH</u>	<u>LAST MONTH</u>	<u>AUG. 1972</u>
Whooping Cough	2	-	-
Chickenpox	-	2	3
Measles	-	-	-
Scarlet Fever	-	-	-
Rubella	-	-	-
Impetigo	-	-	-
Mumps	1	-	-
Ringworm	-	-	-
Conjunctivitis	-	-	-
Scabies	-	-	-
Pediculosis	-	-	3
Poliomyelitis	-	-	-
Salmonellosis	1	-	1
Meningitis	-	1	-
Infectious Hepatitis	8	4	10
Tuberculosis (New Case)	-	4	5
Diphtheria	-	-	-
Infectious Syphilis	-	-	-
Gonorrhoea	11	19	14
	<u>23</u>	<u>30</u>	<u>36</u>

SCHOOL HEALTH SERVICES

	<u>Board</u>	<u>Non-Board</u>
No. of School Supervised	52	11
School Enrolment	26,954	1927
No. of visits to schools by P.H.N.'s	78	5
No. of visits to schools by M.H.O.'s	-	-

CHILD HEALTH CENTRES

No. of Centres	15
No. of Sessions	23

<u>Attendance</u>	<u>New</u>	<u>Revisit</u>
Under 28 days	4	1
28 days up to 1 year	55	187
1 year up to 4 years	19	247
5 years up to 19 years	3	94

<u>No. Visits to Child Health Centres</u>	<u>No. Visits to Health Unit Clinics</u>		
- by Public Health Nurses	106	- by Public Health Nurses	27
- by Registered Nurses	6	- by Registered Nurses	12
No. Volunteer Hours donated to this service - 55			

Families and Individuals Under Continuing Public Health Supervision

No. of Families Under Supervision	1226
No. Individual cases in special categories	
- Mental Hygiene	70
- Geriatrics	46
- Rheumatic Fever	23
- Tuberculosis	136
No. of Visits - Maternal Health	
- ante-partum	3
- post-partum	6
- Health Promotion	358
- Disease Control	
- Tuberculosis	12
- Other Communicable Diseases	-
- Mental Illness	18
- Other Non. Com. Diseases	19
- Home Assessment	6

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TUBERCULOSIS NURSING

No. Pulmonary Cases Under Supervision	37
No. Non Pulmonary Cases Under Supervision	8
No. Patients receiving Oral drugs	86
No. Patients receiving Streptomycin	5
No. Streptomycin injections given	30
No. T.B. visits by P.H.N.'s	12
No. Survey X-rays taken	317

CLASSES FOR EXPECTANT PARENTS

No. Sessions	29	Revisit - Female	239
Attendance - New - Female	17	- Male	141
- Male	17	Visits to Classes by P.H.N.'s	29

TOTAL VISITS TO ALL CATEGORIES

	<u>MATERNAL HEALTH</u>	<u>HEALTH PROMOTION</u>	<u>DISEASE CONTROL</u>	<u>HOME ASSESSMENT</u>
Under 28 days	-	140	-	-
28 days - 1 yr.	-	42	2	-
1 yr. - 4 yrs.	-	38	7	-
5 yrs. - 19 yrs.	4	60	10	-
20 yrs. - 59 yrs.	5	45	15	-
60 yrs. & over	-	33	16	6
	<u>9</u>	<u>358</u>	<u>50</u>	<u>6</u>

NO. OF IMMUNIZATIONS AND TESTS

	<u>SPX.</u>	<u>POLIO</u>	<u>COMPLETED DPT & DT</u>	<u>OTHER IMM.</u>	<u>MEASLES</u>	<u>RUBELLA</u>	<u>PPD</u>	<u>OTHER TESTS</u>	<u>TOTAL</u>
Under 1 yr.	1	80	25	109	3	-	-	-	218
1 - 4 yrs.	4	81	8	67	57	63	-	-	280
5 - 19 yrs.	10	45	2	55	17	24	-	-	153
20 - 59 yrs.	10	18	-	178	-	-	1	3	304
60 & over	11	-	-	9	-	-	-	-	20
	<u>130</u>	<u>224</u>	<u>35</u>	<u>418</u>	<u>77</u>	<u>87</u>	<u>1</u>	<u>3</u>	<u>975</u>

PUBLIC HEALTH INSPECTORS

<u>FOOD SECTION</u>		<u>SANITATION SECTION</u>		<u>QUARANTINE SECTION</u>	
Total Inspections	430	Total Inspections	1162	Samples for Com. Dis.	19
Complaints	9	Complaints	205	Epidemiology	8
Samples Taken	23	Water Samples	172	Other	-

AUDIOLOGIST REPORT

No. Routine Screening Tests (Gr. 1 & 6)	-
No. Referral Screening Tests	-
No. Failing Tests and Referred to S.M.O.	-
No. Failing Tests	-
No. Audiograms	-

SPEECH THERAPISTS' REPORT

Attendance:		No. Therapy Sessions:	
- for Assessment - New	5	- Individual	67
- Revisit	1	- Group	12
- for Therapy - New	1	No. Referrals:	
- Revisit	21	- to Private Physician	2
No. Consultations	12	- to others	1

MENTAL HEALTH SERVICE

PSYCHOLOGIST

Psychologist's Cases (Observations)	0	Consultations - School	-
Psychologist's Evaluations	6	Treatment Sessions	-
Consultations - Unit	14	Discussions & Lectures	1