

**BURNABY COUGAR GIRLS  
LACROSSE TEAM RE-UNION  
1930 - 1983**



**THE SHERATON VILLA INN**

*Saturday, May 14th, 1983*

• 5 p.m Cocktail Hour  
6 p.m. Dinner

## **GUEST OF HONOUR**

His Worship Mayor W. A. Lewarne of Burnaby and wife June

## **INVITED GUESTS**

Mrs. Eva Elliott — Chaperone

Mrs. Audrey (Elliott) MacFarlane — Mascot

Mr. W. H. (Bill) Bayley — Coach and daughter Mrs. Vera Wighton

Mr. Charlie Mackie — Coach and wife Alice

Mr. Chuck Bayley — Prime Time, Vancouver Sun and wife Anna

Mrs. Maggie Leech — Family Editor, Columbian and husband Bill

Mr. Earl Bradford — C.K.N.W. and wife Eileen

Mr. Al Davidson — Director of Sports, C.K.N.W. and wife Pat

Mr. and Mrs. Dunc McPherson — Sports Editor, Vancouver Sun

## GREETINGS FROM COACH BAYLEY

I can't find words to express how happy I am that we are holding this re-union after 50 years and that I am well enough to attend.

I am happy to see, once again, all the players connected with the Burnaby Cougar Team, especially you who were playing when I had the privilege of being your coach. Also, Mrs. Eva Elliott, our team chaperone and our mascot Audrey Elliott.

I have fond memories of Bill Fowler as manager and Mrs. Fowler who added spice to the team with her encouragement from the sidelines with such expressions as "let's go through them like a dose of salts", and my wife, Susie, who used to pace the sidelines with her hands over her eyes! Besides that she gave me the silent treatment for a week because Phyl had her filling knocked out of her mouth after she just paid a \$98.00 dentist bill.

The excitement of winning the championships in 1934 doesn't compare to this 50 year re-union. I'm sure we are making history by so many of the team, coach, chaperone and mascot attending tonight. Not many organizations, in and out of sport, can boast such an achievement. It's incredible!

Memories of the days I spent with you, along with the games and practices, the house parties, whist drives, dances, banquets, picnics at Bill Fowler's ranch in Bradner, have brought me many happy hours.

My thanks go to the "girls" who suggested this re-union and for the time they have dedicated to make this possible. You have made my day!

The dedication to each other in your games and your team spirit then has brought us together now after 50 years. There was no star then, we were a team. We are now!

God bless you all.

Bill Bayley  
Coach

SHERATON VILLA INN

**BURNABY COUGAR GIRLS'  
LACROSSE RE-UNION**

*Saturday, May 14th, 1983*

Cocktail Hour: 5 - 6 p.m.

Dinner at 6 p.m.

***MENU***

Villa Green Salad  
Rolls and Butter  
Tea, Coffee or Milk

Roast Beef au Jus  
Two Vegetables  
Roast Potato

—Dessert—

Mint Parfait  
Black Forest Cake

Dinner Wine

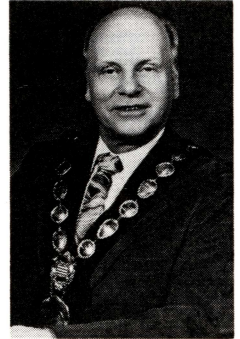
**OFFICE OF THE MAYOR**

WILLIAM A. LEWARNE  
MAYOR

4949 CANADA WAY  
BURNABY, BRITISH COLUMBIA V5G 1M2  
TELEPHONE 294-7340

1983 April 07

Miss Phyllis L. Bayley  
3218 East 21st Avenue  
Vancouver, B.C.  
V5M 2X2



Dear Miss Bayley

Thank you for the invitation addressed to myself and my wife, June, to attend the first ever reunion to be held in 50 years of the remaining members of the old Burnaby Cougar Girls' Lacrosse Team on May 14th, which we accept with pleasure.

I will be pleased to bring greetings on behalf of the Members of Council and Citizens of Burnaby and look forward to an interesting event at which I am sure all the ladies and coaches will be exchanging nostalgic memories of their athletic prowess, "near wins" and all their victories of the '30's!

May I wish the veterans of the team a successful evening and a heart-warming experience for all.

I remain,

Yours sincerely,

A handwritten signature in cursive script that reads "William A. Lewarne". The signature is written in dark ink and is positioned above the printed name and title.

William A. Lewarne,  
MAYOR

# CANADIAN LACROSSE ASSOCIATION

333 RIVER ROAD, VANIER CITY, ONTARIO K1L 8B9  
TEL. (613) 746-0060 EXT. 249

April 11th 1983

Miss Phyllis L. Bayley  
3218 East 21st Avenue  
Vancouver, B.C.  
V5M 2X2

Dear Miss Bayley:

I read with great interest your letter to our President and I am taking the liberty of replying due to the deadline.

It is indeed a unique situation to have everybody still available for such an event. You and your Committee are to be congratulated for organizing such an event.

On behalf of the President, we would remit the following greetings from our Association.

“To: Attendees of the Burnaby Cougars Re-Union”.

On behalf of the Canadian Lacrosse Association it gives me a great deal of pleasure to extend greetings to each and everyone attending this illustrious event.

It must bring many good memories of our National Game played in your era, versus the now sophisticated game being presented encompassing “plastic sticks”, and abundance of padding, and many rules that were not even considered in the “golden” years.

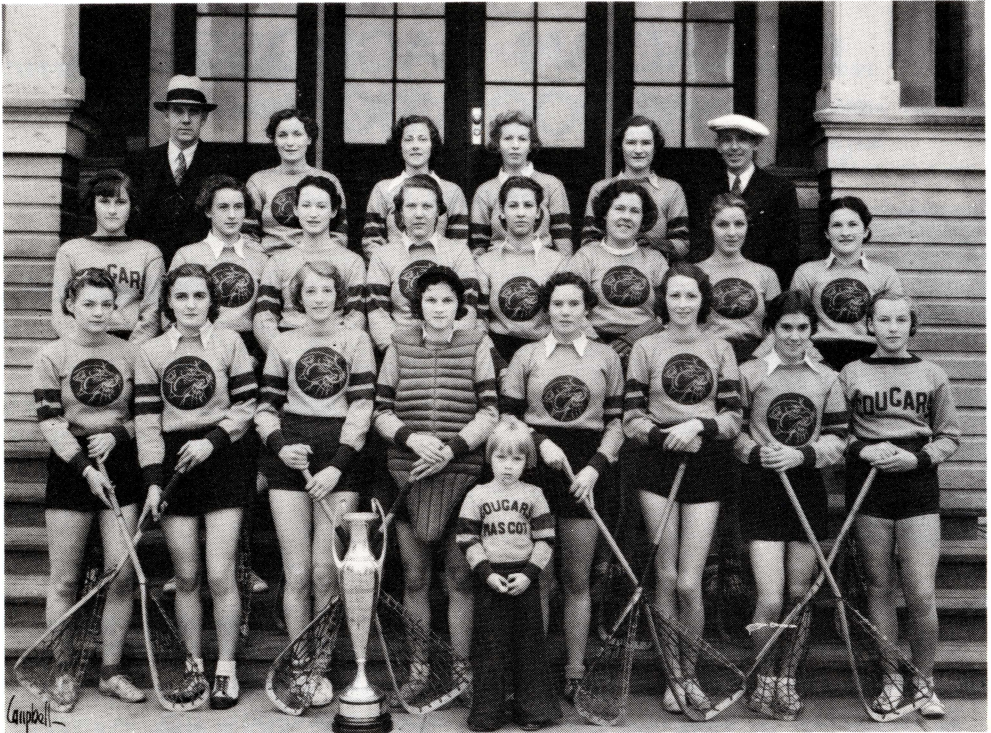
Once, again, my sincere good wishes.

Bill McBain  
President, C.L.A.

Yours in Lacrosse,



Bob Oliver  
Executive Director



## BURNABY COUGAR GIRLS LACROSSE TEAM

WINNERS REEVE GRAUER CUP — CHAMPIONS 1934

*Back Row:* Bill Bayley (Coach), Hilda Higham, Elsie Thornton, Doris Elliott, Inez Brown, Bill Fowler (Manager)

*Middle Row:* Elsie Brown, Joan Bullock, Edna Winter, Phyllis Bayley, Betty Elliott, Edie Gilmore, Margaret Robertson, Laura Brown

*Front Row:* Dolly Atkinson, Doris MacLean, Florence Brown, Bernice MacMillan, Dot Spring, Kay MacMillan, Alice Would  
Audrey Elliott (Mascot)



Greenwood (coach) W. Fowler (manager)  
The Coug  
Front Row: J. Matthews, B. Elliott, H. Higham, S. Morley, E. Winter, D. Atkinson.  
Back Row: D. Elliott, A. Forbes, H. Fardealer, J. McMillan, A. Grady, P. McMillan.  
M. Kay Scudlo

## SOUTH BURNABY COUGARS

Edna (Winter) Johannson . . . . .248-2806  
P.O. Box 2117  
Parksville, B.C. V0R 2S0

Irma (Matthew) Dyer . . . . .277-8958  
#229 - 8880 No. 1 Road  
Richmond, B.C. V7C 4C1

Alice (Would) Scambler . . . . .433-7972  
6209 Pearl Avenue  
Burnaby, B.C. V5H 3P8

Bernice (MacMillan) Dinsmore. .442-2533  
1826 College Road  
Grand Forks, B.C. V0H 1H0

Janet (MacMillan) Bell . . . . .  
Bowen Island, B.C.  
V0N 1G0

Kay (MacMillan) Dodd . . . . .522-3095  
7415 Imperial Street  
Burnaby, B.C. V5E 1P1

Beulah (MacMillan) Kennedy . . .988-3070  
205 West 26th Street  
North Vancouver, B.C. V7N 2G5

Marg (Hepburn) Douglas . . . . .434-3878  
7980 Gray Avenue  
Burnaby, B.C. V5J 4A1

Edie (Gilmore) Johnson . . . . .536-7205  
14531 - 17th Avenue  
Surrey, B.C. V4A 5V9

Joan (Bullock) Steele . . . . .531-0473  
12111 Sullivan Street  
Surrey, B.C. V4A 3B1

Phyllis Bayley . . . . .434-6298  
3218 East 21st Avenue  
Vancouver, B.C. V5M 2X2

Mrs. Eva Elliott (chaperone) . . .522-7030  
G113 - 7550 Rosewood Street  
Burnaby, B.C. V5E 3Z3

Doris (Elliott) McInnis . . . . .  
Box 48  
Montrose, B.C. V0G 1P0

Betty (Elliott) Curle . . . . .  
Box 343  
Kamloops, B.C. V2C 5K9

Audrey (Elliott) MacFarlane (mascot) . . .  
23283 McKay Street  
Maple Ridge, B.C. V2K 7E6

Hilda (Higham) Page . . . . .433-0766  
5041 Watling Street  
Burnaby, B.C. V5J 1W8

Marg (Robertson) Murphy . . . . .493-0851  
#22 - 98 Okanagan Avenue East  
Penticton, B.C. V2A 3J5

Doris (MacLean) Isherwood . . . . .842-5221  
Box 100  
South Hazelton, B.C. V0J 2R0

Audrey (Forbes) Westby . . . . .274-1788  
7080 No. 1 Road  
Richmond, B.C. V7C 1T6

Dorothy (Austin) Spring . . . . .321-9946  
#204 - 6904 Fraser Street  
Vancouver, B.C. V5X 3V2

Ethel (Woods) Everett . . . . .592-7326  
#3408 - 1615 Belcher Avenue  
Victoria, B.C. V8R 4N2

Hazel (Gardner) Willis . . . . .434-4005  
4929 Sanders Street  
Burnaby, B.C. V5H 1S8

Verna (Campbell) Potkins . . . . .521-5690  
2025 London Street  
New Westminster, B.C. V3M 3E6

Sylvia (Murley) Auvache . . . . .464-2979  
#170 - 1133 Pipeline Road  
Coquitlam, B.C. V3B 4R8

Inez (Brown) Ervin . . . . .420-3768  
1451 Sherlock Avenue  
Burnaby, B.C. V5A 2M9

Florence (Brown) Bevan . . . . .525-5098  
#404 - 620 - 7th Avenue  
New Westminster, B.C. V3M 5T6

Laura (Brown) Francescini . . . . .321-9302  
160 East 60th Avenue  
Vancouver, B.C. V5X 1Z6

Elsie (Brown) Nykyfork . . . . .679-3864  
R.R. 1  
Chase, B.C. V0E 1M0

Dickie (Brown) Catli . . . . .363-9337  
13544 - 22nd Avenue N.E.  
Seattle, Washington 98125

Ella (McKenzie) Gark . . . . .923-5706  
R.R. 2, Seabreeze Road  
Campbell River, B.C. V9W 5T7

Elsie (Thornton) McKenzie . . . . .299-5418  
4880 Eton Street  
Burnaby, B.C. V5C 1K9

Dolly (Atkinson) Maver . . . . .224-6783  
3942 West 16th Avenue  
Vancouver, B.C. V6R 3C8

*Deceased:*

Mary (Garside) Dodd, Annie Grady, Les Greenwood (1st Coach), Bill Fowler (Manager)





# B. C. CHAMPIONS, 1934

## Burnaby Cougars Girls' Lacrosse Team

# Annual Banquet

*Canadian Legion Hall, Royal Oak, Burnaby*

**MONDAY, OCTOBER 29, 1934**

## MENU

### MEATS—

Roast Beef  
Leg of Lamb

### SALADS—

Potato Salad  
Lobster Salad

### SWEET RELISH

### BREAD ROLLS

### DESSERT—

Chocolate Cake  
Fruit Cake  
Apple Pie

### COFFEE—

Ice Cream  
Fruit  
Candy

## GUESTS OF HONOR:

Hon. Pres. CHIEF DEVITT.

Hon. Vice-Pres. G. JEFFERY.

League Pres. A. PAUL.

Past Pres. G. SNIDER.

REEVE R. M. GRAUER.

G. SPRING, Salmonbellies.

L. DICKINSON, St. Helens.

E. BAYLEY, Bluebirds.

J. C. MCKENZIE, Adanacs.

Abbotsford Delegates, Pirates Delegates, Iroquois Delegates.

BURNABY COUGARS: F. Brown, I. Brown, E. Thornton, L. Brown, H. Higham, D. Elliott, B. Elliott, J. Bullock, E. Gilmore, P. Bayley, Bernice McMillan, M. Robertson, D. Atkinson, I. Mathew, K. McMillan, E. Winter, D. (Austin) Spring, E. Brown, D. McLean, A. Would, D. Davidson, M. Garside, Buelah McMillan; Mrs. J. Elliott, chaperon; Audrey Elliott, mascot; W. H. Fowler, manager; W. H. Bayley, coach.

## A CHAMPIONSHIP FOR LADY COUGARS

In 1911, prior to her marriage to Jack Elliott, Eva Hopper moved to Burnaby with her parents, Mr. & Mrs. Edward Hopper, to one of two houses on Kathleen Avenue in South Burnaby.

"We had to pack our water from Patterson Avenue," she recalls. "It was quite possible to run into a bear on the way."

Bears did not feature in Mrs. Elliott's life 19 years later but she did find herself associating with a group of "Cougars". For such was the name of Burnaby's girls' lacrosse team and with two daughters playing and another acting as team mascot it was no wonder that the Elliotts and the Cougars saw a lot of each other. When the girls played in competition Mrs. Elliott went along as chaperone, guardian of belongings, cheering section and applier of first aid.

It was in 1934, four years after the team's formation, that the Cougars brought fame to Burnaby by becoming the B.C. champions and winners of the Reeve Grauer Cup which was donated by Reeve Rudy M. Grauer of Richmond. The event was hailed by the press — "COUGARS COP GRAUER CUP BY 4-1 WIN" — who described the event in the following words:

"Defeating Abbotsford Hotel lasses 4-1 at Cambie Street grounds Wednesday, Bill Fowler's Burnaby Cougars won the women's lacrosse championship and Grauer Cup.

"Cougars took the lead in the first quarter when Bernice MacMillan and Edie Gilmore scored. Phyllis Bayley made their margin bigger with goals in the third and final quarter, while Dot Clark saved the losers from a shutout with a counter in the closing minutes.

"It was the fastest game this year, only two penalties being handed out by Referee Jimmy Gunn.

"Leo Nicholson presented the trophy to the Cougar Goalie on behalf of Reeve R. Grauer."

In honour of their hard won victory the Cougars celebrated with a banquet and dance which was held at the Canadian Legion Hall, Royal Oak and Kingsway. The team presented Coach Bayley and Manager Fowler "with smart cigarette cases with an inscription in gold lettering inside."

A picture commemorating the event was taken with the girls, their manager and their coach lined up in front of Kingsway West School. To the following go accolades for being unique in Burnaby's history as the only female lacrosse team from the Municipality to become the top team in B.C.: Hilda Higham, Elsie Thornton, Doris Elliott, Inez Brown, Elsie Brown, Joan Bullock, Edna Winter, Phyllis Bayley, Betty Elliott, Edie Gilmore, Margaret Robertson, Laura Brown, Irma Matthew, Dolly Atkinson, Doris MacLean, Florence Brown, Bernice MacMillan, Alice Would and little Audrey Elliott as mascot.

1934 was also the year that Hilda Higham of the Burnaby Cougars was made secretary-treasurer of the B.C. Girls Lacrosse League. Well-known lacrosse player Andy Paul of the Squamish Indians Lacrosse Team, was named president with Ted Bayley, Phil Foran and Cory Hesse serving as vice-presidents. Justice W. A. MacDonald became honorary president while honorary vice-presidents were Alderman Harry De Graves, Chief W. J. Devitt (Burnaby's Chief of Police), Reeve R. M. Grauer and Hugh Davis.

It was recorded, "The association had a big season last year, Retiring secretary, Tosca Trasolini, reported there was a balance of \$19.95."

If a girls' lacrosse team seems unusual now it was positively revolutionary when the first two teams appeared on the local scene. It was in 1927 that the Vancouver "Pirates", coached by "Doughy" Spring, and the Richmond "Milkmaids" (changed to Abbotsford Hotel team in 1934 and later to Richmond "Buddies") under the guidance of Harry MacDonald, became active on the playing field. Next came the "Ward Four Iroquois" from the Templeton district of Vancouver. The Burnaby "Cougars" started out in 1930 followed by a North Burnaby team called the "Tigers" who lasted only one season. The "Renfrew", another Vancouver team banded together in 1936.

In 1937 the Burnaby Cougars were re-organized as the New Westminster Cougars and fielded a team in the B.C. Senior Women's Lacrosse League. Charlie Mackie (later New

Westminster's Chief of Police) took over as coach. The team's home field was changed from Central Park to Moody Square.

Men's lacrosse had long been a favourite sport with residents of B.C.'s lower mainland and it was the men, involved in this fast moving game, who organized and coached the girls' teams. Les Greenwood was the Cougars' first coach. Later Chief Andy Paul gave them the benefit of his lacrosse knowledge. When the girls won the championship they were being coached by Bill Bayley, whose brother Ted Bayley coached the popular Province "Bluebirds" men's team. Bill Fowler managed the Cougars.

While watching men's lacrosse teams battle it out was an accepted and enjoyed form of entertainment, seeing the girls engaged in similar contest was frowned upon by many who complained that their actions were "unladylike". At one point two of the Burnaby Cougars who attended Burnaby South High School were threatened with expulsion if they did not leave the team. It must have been one of the first thrusts of "Women's Lib" when they defended their right to play and the matter was dropped.

It probably shook a few people, too, when the Cougars modernized their uniforms by switching from cumbersome 'bloomers' to form fitting shorts. Each team had its distinctive colours and Burnaby girls were known by their yellow sweaters and green shorts. And, as if forecasting ferocious attack, a large round emblem of a snarling cougar adorned each Burnaby chest.

There was a lot of rivalry between teams and games could get pretty rough, recall Doris Gilmore (nee Elliott) and Hilda Page (nee Higham) who both played on the Burnaby team for most of the years that it existed. None of the girls, except the goalkeeper, wore any protective devices and cuts, lumps on the head and knocked out teeth were often the results of uncontrolled female fury. Mrs. Elliott and her first aid kit were necessary requirements on many occasions. An example of how tempers took over was reported on newsprint:

"The 50 or 60 people that went into the Exhibition Forum last night for a "dime" came out with the satisfaction that they had witnessed a dollar and a half's worth of entertainment.

"What was intended as the preliminary turned out to be the feature attraction when the Cougars Girls' Lacrosse Club and the Pirates, who are to meet in the semi-final league playoff next Wednesday, turned their game into a battle royal. The girls conducted themselves in compliance with the requirements of the lacrosse code for two periods and a fraction, then the lid blew off.

"Two girls swung their sticks at each other, the rest of the girls then exhibited the same inclination, and then as if at a given command, dropped their lacrosse sticks, and started swinging their fists.

"As a matter of undeniable fact the public exhibition of feminine temper continued for fully ten minutes. Manny Norton was the name of the poor male human that was the peace maker up to the commencement of the female donnybrook, but when he stopped the original fight, and had seen four other fights around him, he threw in the sponge and walked away to the company of his more pacified male acquaintances.

"Ray Baker took over Norton's task and with his warlike appearance the femmes behaved ladylike for the final period. Cougars won 8-2."

The girls team started out playing 12 member field lacrosse which was about as strenuous a game as could be found anywhere. Later, box lacrosse cut down the area of activity and also the number of players to seven. Players were admitted into the teams at 15-16 years of age and often played until they were in their early twenties.

Practice field for the Burnaby Cougars was at Kingsway West School. While practices went on as long as weather permitted the playing season started in mid-May and lasted until September. Games were battled out at Central Park in Burnaby, Brighthouse Park in Richmond, Queens Park and Moody Square in New Westminster, and Cambie Grounds, Prince Edward Park, Brockton Point and Templeton Park in Vancouver. The girls often gave lacrosse fans an eyeful by putting on exhibition games before the scheduled men's events.

Uniforms, equipment and travelling expenses all had to be provided by the girls themselves so money raising was part of being a team member. The Cougars held many a

whist drive, raffle and dance in aid of their cause and hopefully passed around the hat among the spectators who came to watch them play. The dances were held in Gray's Hall at Kingsway and Edmonds and also at McKay Hall at Kingsway and McKay (still there but renovated).

One of the highlights of the lacrosse season was the annual picnic for the Cougars and their families who packed up and headed down to Fairhaven Park in Bellingham for the day. An exhibition game was staged, races were run and a watermelon-eating contest for "players only" produced hilarious results. Another summer outing for the players and their families was the B.C. Girls' Lacrosse League Picnic. What was probably the last one of these events, held before local female lacrosse died out, took place on Sunday, July 11, 1937 at Cultus Lake. Races, boating and swimming were the order of the day with watermelons again being featured, this time as prizes to the teams amassing most points during the day's contests — three watermelons for the first prize, two for second and one for third.

Although they shone but once as the stars of B.C. amateur lacrosse the Cougars sparked many times during their years as a team. And, in a sense, they were pioneers in the community, clearing a way for the acceptance of women in the world of sport.

Reprinted from *Bygones of Burnaby, An Anecdotal History* by Pixie McGeachie, published June 1976.

### **ABBOTSFORD 1, COUGARS 3** **First Game of Finals**

Was there anybody at Cambie Street last Thursday who didn't say that the Cougars played the best game? Just as I told you before, that I would sooner have you come up from the bottom to fight for the championship, than to get the bye. You are playing for something—if you don't get it, you have nothing to lose, but with Abbotsford they have something—with everything to lose. **BY DEFEATING THE ABBIES THURSDAY, DON'T GET TOO CONFIDENT, FOR THAT IS JUST WHAT BEAT THEM.**

But say, wouldn't it be wonderful if we could only win the next game. Wouldn't your parents be proud of you for beating an all-star team? Well, we are going to win that championship and each one of you are going to help, whether you get the call or not.

May I quote a sentence from Bubbles' essay, in which she says: **IT IS FAR BETTER TO BE A MEMBER OF A WINNING TEAM THAN A STAR ON A LOSING TEAM.** Which means that we have no spares or reserves, but all members.

It is what you do, and what I do, and what all of us do in this series with Abbotsford that counts. **YOU HAVE PLAYED THIS TEAM FIVE TIMES ALREADY, SURELY YOU HAVE GAINED SOME WEAK SPOT IN YOUR CHECK, OR YOU KNOW JUST WHAT SHE CAN DO, THAT WILL HELP YOU IN THE NEXT GAME TO BRING YOU THE CHAMPIONSHIP.** Let us go out and get it, but remember, you have to inject everything you have at the right time. For this game you should be in perfect condition, the only way to obtain this, is plenty of sleep two nights before and little to eat previous to the game, say a cup of tea or coffee and brown bread and butter. Let there be no mistake about this.

**LET'S GET THE FIGHTING SPIRIT OF THE COUGAR RIGHT FROM THE START.** Get the ball at the face-off and get it down on the wing as fast as you can, then watch the players coming down the centre. Make sure of your passing and shoot often when within shooting distance. I want everyone to try and borrow gloves from the boys for this game. **WE NEED THIS GAME!**

You will play just the same kind of game as Thursday by not letting them start any of their rushes. The home to help the defence, and the defence come down to make the odd play. **DON'T LET THEM EVEN GET STARTED TO SHOOT, CROWD OUR NET WHEN IN DANGER. DON'T GET EXCITED.** This Sunday, weather permitting, will be the last practice before Wednesday, but I want you to take a long walk before going to sleep on Tuesday night.

Remember girls, we want this next game and the championship, so I am going to be a

Simon Lagree for once, but I won't have the whip, just the megaphone, and don't listen to the bystanders.

**COVER YOURSELVES WITH GLUE AND STICK TO YOUR CHECKS. READ THIS OVER SEVERAL TIMES TUESDAY NIGHT. BACK CHECKING IS GOING TO BE A BIG FACTOR IN WINNING THIS GAME SO—**

**BACK CHECK! BACK CHECK!!**

**BACK CHECK!!!**

Coach

### **SUMMARY OF SECOND GAME**

Well girls we took it on the chin, as the saying goes, and after looking over our casualty list, we also took it on the head and in the eye and several knees were skinned. But you are not going back for more of **THAT STUFF THAT WAS HANDED TO BUBBLES BY QUEENIE GANS**. We have protested playing against such girls that can't control their temper. Mr. Fowler and I have decided to withdraw from the league if Queenie Gans is not banned from playing for a year. I do not know if it is the lack of proper coaching or whether they have been coached that way, to have a player **DELIBERATELY HIT YOU OVER THE HEAD**. I often think it is jealousy. If she wasn't checking Bubbles she wouldn't have done it. In the first game, if Andy Andrew wasn't checking Dot she wouldn't have hit her over the head and started fighting with her. These two girls couldn't stand to see their checks get the best of them **SO THEY CRACKED THEM OVER THE HEAD**. Oh yes, about the game! You all played well against a team composed of the cream of Vancouver. **YOU MIGHT CALL THEM AN ALL-STAR TEAM, FOR THAT IS JUST WHAT THEY ARE**. The defense could have checked a little harder, but it was not their fault. **YOU HAD AS MANY SHOTS AS THEY DID**. One that Florence stopped with her pad and bounced up into the net, that was a lucky one for them. The two shots of Bubbles' which hit the post and bounced out, was lucky for them too. **IT WAS ANYBODY'S GAME RIGHT TILL THE LAST**. I noticed when a player got the ball on our home, there was three girls turned their backs on her and started rushing in towards the goal. **THAT IS WRONG. NEVER TURN YOUR BACK ON THE BALL**. I tell you girls to throw the ball to a player in front of you, then pass your check, to get the return pass. But some of you can't run fast enough to get away from your check. The same thing applies on the defense. I saw an Abbotsford player with the ball, she threw it to a girl on the side, passed her check and got the ball back again. Watch out for that, stop her with your body after she throws it. **BUT ALWAYS REMEMBER THAT IF A GIRL CAN TAKE THE BALL AWAY FROM YOU, GIVE HER CREDIT. NOT THE STICK OVER THE HEAD**. To you girls who didn't play the whole game, don't think that you are not as good as the ones that played the whole game, but I am trying to arrange the team to help you win. Not to slight you.

Coach

### **COUGARS WIN AT LACROSSE**

**NEW WESTMINSTER**—Following the lead given by the Royal City boxla squads, Salmonbellies and Adanacs in topping the senior league, the local girls gutted stick experts have also entered the winning column.

At Queens Park Arena last night New Westminster Cougars turned in a smart game to trounce the Vancouver Pirates, 4-1. A fair sized crowd was on hand and saw some nice stick-handling and fast passing by the energetic young fems.

Beulah MacMillan, speedy home player, starred for locals by scoring three goals, two on solo efforts, while Inez Brown got the fourth.

Anne Johnson, on a pass from L. Esplen, scored the lone marker for Doughy Spring's proteges.

This is the first win for the Charlie Mackie coached squad and puts them in second place in the league. Richmond being first with two wins.

The next game will be on Wednesday between the Cougars and Richmond at Brighthouse.

## MY IDEA OF HOW TO BECOME A GOOD LACROSSE PLAYER

To become a good lacrosse player one must first have plenty of ambition and energy, because without these two factors everything would be doubly hard. Ambition enough to make you want to be not just an ordinary player but an outstanding one, and energy to keep you in there all the time so that you never slacken your pace.

When you commence to play lacrosse you are generally quite young and inexperienced, and the first thing that you do is practice, practice is very important, for it stands to reason that the more often you do a certain thing the easier it becomes. Also you must be in good condition, for you cannot hope to become a top-notch player when you are improperly trained. This requires plenty of rest, proper food and certain routine exercises to get your muscles in shape. You will find that it is far easier to practice and to play when your body is in good condition; and every athlete knows that healthy nerves are also important.

After learning the fundamental points such as throwing, catching, shooting and the different ways to check an opponent you should then try to improve your playing as much as possible. The best way to learn is to watch experienced players in a game, and pick out all good points which would help you and then practice them. This is better than being told, for when you see something done it is easier to understand than when it is told to you. Even when you know these things it takes more than that to carry them out in games, you have to be able to think when is the proper time to do a certain thing. A player who thinks while he is playing usually proves more valuable than one who does just certain things that he has been told and does not use his head at all.

Players, whether home or defence know that the best results are obtained through playing combination. Remember there are other players on the team and that you are playing for glory of the team and not for individual honours, it is better to be a member of a championship team than a star on a weak team.

You should play the position at which you are best, although a good lacrosse player should be able to play almost any position equally well.

Most of the scoring in lacrosse is done by home players, and even though you are able to pass your check you should remember that more goals are scored by fast, short passes worked in combination than by solo efforts. When your team loses the ball you should start out immediately to recover it, for possession of the ball is nine-tenths of the game. Back check, keep right after it all the time, whether you think you have a chance or not.

In checking an opponent do so in a way that is both fair and effective, use a body check to stop a player, and watch to see if you can intercept a pass, learn to time your passes so that you can pass to a player when they are breaking fast. In passing watch every member of the team and not just certain players, for you are all in there for the same purpose, to play the game, and everybody should try their hardest all the time, and put everything they have into it.

Never get excited, keep cool and above all hold your temper and stay in the game where you are of use to the team, not on the penalty bench where you are use to no one.

—Number 37

And the winner is . . . Mrs. Edna (Winter) Johannson!!!

## BURNABY COUGARS IN SR. LEAGUE

NEW WESTMINSTER—The Burnaby Cougars are being organized as the New Westminster Cougars this season and will field a team in the B.C. Senior Women's Lacrosse League.

Charlie Mackie is coach, and Bill Fowler is manager. The home field for the club will be Moody Square, and league matches will be played Wednesday nights.

Richmond, Vancouver and Collingwood are the other teams which make up the league.

The local players lined up this season are Florence Brown, goal; Inez Brown, Hilda Higham, Laura Brown, Elsie Brown and Edie Gilmore, defense players; Margaret

Robertson, Irma Matthew, Margaret Carlyle, Margaret Hepburn, Joan Bullock, Beatrice Beadle are the home players.

The league will play field lacrosse with twelve players to the team.

### **SPORT RAYS by Andy Lytle**

*Managers of Girls' Lacrosse Teams to Insist They Be Permitted to Pad Up!*

#### **When Girls Get Ungentle**

Judging from the tone of reports reaching me from this lacrosse scout and from that, it is becoming plainer, as evenings pass, that in order to extract a real wallop (see any dictionary for definitions) from this once great sport, you must attend when the girls are gyrating on our open fields.

In fact, so gravely are the girlies taking their sport that I hear one of the club managers is all set to make an impassioned appeal at the next meeting of the league to have a clause inserted in the constitution making it legal for managers and team coaches to wear pads!

At the close of a recent engagement between the murmurous Milkmaidens of Richmond and another group, the manager of the former club was halted by a fiery-eyed young gazelle with stick in hand:

"You so-and-so and what-the-what!" she began, and he, being a gentle and gallant knight, retorted something about being able to beat her team any old time with his maidens, and turned, you might say, the other cheek to her.

As he swung away, "Zowie!" the fiery-eyed one slung her stick across his shoulder with all the force at her experienced command.

Two of the gentle maidens hard by, seeing this assault upon their guide, counsellor and pal, rushed upon the attacker, the fleetest one missing her scalp with the first fierce cut only by inches. There was merry hell to pay for the next few seconds.

I mean to say one should not miss these girlish engagements if one is a lover of brawling covenants, openly arrived at.

### **WAR DECLARED AS COUGARS TAKE LACROSSE SEMI-FINAL**

Although defeated 1-0 by the Pirates at Cambie Street last night, the Cougars, with a round score of 4-2, are the team which will meet Province Buddies in the finals for the B.C. championship in girls' lacrosse.

But the game was incidental as tempers rose to a new high, invaded the spectators and touched off a trio of large-sized wars. With the Cougars content to play on the defensive and protect their opening game lead, the game was dull, Ellen Dale scoring the lone Pirate tally in the second period.

But it pepped up in the third quarter. A fight broke out between two players and before it was settled, everyone was cutting themselves in on the donnybrook. The ring leaders were penalized and the game continued for five minutes or so until the two rival bands of gals went warlike again when one of the ringleaders in the opening engagement was greeted upon returning to the field, by a sock over the head.

Some partial lady ran out in the field at one time and was rewarded with a brisk bop on the noggin. Then out came two mere males to get in on the part; there were words a right cross and one of the boys went down and out. While efforts were being made to bring the knockee around, the knocker was being chased across the field by an increasingly large posse.

When last seen he was running up Georgia Street in the direction of English Bay, still retaining a slight lead over the pack.

The first game of the finals will be played at Prince Edward Park, Monday night, at 6:15, with the defending champions, the Buddies, meeting the Cougars in the first of a best-of-three series.



## NOTES