

FINANCIAL MANAGEMENT COMMITTEE

*HIS WORSHIP, THE MAYOR
AND COUNCILLORS*

SUBJECT: CONFEDERATION SENIORS ASSOCIATION LUNCH PROGRAM

RECOMMENDATION:

1. THAT Council receive this report for information.

REPORT

Burnaby City Council, at its Closed meeting held on 2023 January 23, received and adopted the *attached* report regarding the creation of a hot lunch program for the Confederation Seniors Association, based on the preferred option.

This report is being provided for public information.

Respectfully submitted,

Councillor Dhaliwal
Chair

Councillor Gu
Vice Chair

Copied to:	Chief Administrative Officer Deputy Chief Administrative Officer & CFO GM Corporate Services GM Parks, Recreation & Culture
------------	--

TO: CHAIR AND MEMBERS
FINANCIAL MANAGEMENT COMMITTEE

DATE: 2022 Dec 02

FROM: GENERAL MANAGER PARKS,
RECREATION AND CULTURE

FILE: 64200-20

SUBJECT: CONFEDERATION SENIORS ASSOCIATION LUNCH PROGRAM

PURPOSE: To seek Council approval to proceed with a hot lunch program for the Confederation Seniors Association.

RECOMMENDATIONS:

1. **THAT** Council approve the creation of a hot lunch program for the Confederation Seniors Association as outlined in this report.
2. **THAT** Council approve the use of \$167,000 from the Stabilization Reserve to support the hot lunch program in 2023 as outlined in this report.

REPORT

1.0 INTRODUCTION

In July 2022 the Confederation Seniors Association (CSA) formally requested Council transfer the delivery of its lunch program to the City. Prior to 2020 (pre-COVID-19), this program was primarily a CSA-funded initiative that provided seniors with a nutritional meal at a reasonable/low-cost fee, and received assistance from the City's Recreation staff. The CSA acknowledges the value of the program to their members and community yet cannot continue to support the program/service due to a decline in membership numbers, lack of volunteerism and increased costs in reviving the program post pandemic.

This report provides information for Council's consideration regarding the feasibility of reviving the lunch program for the CSA.

To: Financial Management Committee
From: General Manager Parks, Rec. & Culture
Re: CONFEDERATION SENIORS ASSOCIATION
LUNCH PROGRAM
2022 Dec 02.....Page 2

2.0 POLICY SECTION

The advancement of this project is aligned with the following Council-adopted policies, plans and strategies: *Burnaby Equity Policy* (2020); *Social Sustainability Strategy* (2011), and the *Corporate Strategic Plan* (2017).

3.0 BACKGROUND

Challenges & Opportunities

Lunch programs for seniors provide an opportunity for seniors to receive a nutritious meal and decrease isolation through the opportunity to socialize and connect over food. As Council is aware, social isolation is a leading indicator of poor health and many of the City's Parks, Recreation and Culture (PRC) programs for seniors have social opportunities as a cornerstone.

The lunch program at Confederation Community Centre started in 1988 and as a year-round service in 1994. The program was run by the CSA, and supported by PRC staff at Confederation Seniors Centre, providing lunch to CSA members for \$8, and \$10 for non-members.

The food service program operated with a full-time City staff chef and four auxiliary dishwashers. While the City employed these positions, the CSA was responsible for reimbursing the City for the cost of staff wages. The chef and dishwashers were further supported in the kitchen by volunteers. The CSA also employed a part-time bookkeeper to handle daily deposits and record keeping. From 2017-2019, the CSA covered the deficit of the programs or asked the City for financial assistance to pay these wages at year-end.

The program served approximately 50 to 120 seniors daily, and was frequented by the City's Citizen Support Services (now Community Volunteer Resources) "lunch bunch program" that brought in 30 plus seniors weekly who are otherwise isolated. Currently, due to COVID-19 and other factors, there is no lunch program being offered at Confederation Community Centre as membership and participation in the CSA and City programs for seniors have been slow to recover.

Volunteers

The CSA food program was managed by a volunteer committee, with assistance from PRC staff. Approximately 104 volunteers participated in the lunch program in various service roles throughout the year. They reported to the CSA Volunteer Coordinator – a full-time, volunteer role that scheduled and oversaw program volunteers. In total, about 15 volunteers supported the program daily and served 50-120 meals.

To: *Financial Management Committee*
 From: *General Manager Parks, Rec. & Culture*
 Re: *CONFEDERATION SENIORS ASSOCIATION
 LUNCH PROGRAM*
 2022 Dec 02.....Page 3

The CSA Volunteer Coordinator role is vital to the program’s operations, ensuring volunteers are scheduled and ready to host, sell tickets, serve and provide food preparation assistance. This role is currently unfilled, and the CSA believes this role will remain open due to the inability to find stable volunteers in the current economic climate.

Staff are proposing to provide hot lunch service through PRC Food Services to seniors four days a week, Tuesdays to Friday (not including statutory holidays and winter holidays towards the end of December and early January) are proposed.

Meal be self-serve, and provide a reason for gathering, connecting, and socializing for seniors who may otherwise be or feel isolated.

4.0 FINANCIAL CONSIDERATIONS

The following table outlines labour costs, meal sales revenue and other relevant financial considerations.

Based on 70 meals per day, four days per week, 49 weeks per year:

Option Details	Proposed Hot Lunch Program
Revenue @ \$10 per meal	\$137,200
City Labour Cost	\$167,200 (2.3 FTE)
Food & Misc. Costs	\$137,200 (\$10 per person)
Total Subsidy	\$167,200
Total Meals Served	13,720
Subsidy Per Meal	\$12.20

Funding for this program is proposed to derive from the City’s Stabilization Reserve in 2023, and included in the 2023-2027 Financial Plan.

To: *Financial Management Committee*
From: *General Manager Parks, Rec. & Culture*
Re: *CONFEDERATION SENIORS ASSOCIATION
LUNCH PROGRAM*

2022 Dec 02.....Page 4

5.0 RECOMMENDATION

Staff recommend that Council approve the hot lunch program for the Confederation Seniors Association as outlined in this report.

It is also recommended that Council authorize the use of the Stabilization Reserve in the amount of \$167,000 to support the hot lunch program in 2023. This request will be included in the 2023 – 2027 Financial Plan.



Mary Morrison-Clark
GENERAL MANAGER, PARKS, RECREATION AND CULTURE

BF:lc:tc

Copied to: Deputy Chief Admin Officer – CFO
GM Corporate Services
Director Recreation